

NLA Summer Stay & Train

Information:

- \$500/\$300 a Month for Training
- \$1,000/\$600 per Month for Housing
- \$300 per Month for Breakfast (Mon-Thurs only)
- \$400 per Month for Lunch (Mon-Thurs only)
- Total Cost of \$2,200
- Have a Summer Team Already but Want To Train
 - Train at NLA during the week and play on the weekend with your team.

Daily Schedule Monday-Thursday:

- 9:00am - 11:00 am - Baseball/Lift
- 1:00pm - 3:00pm - Baseball/Lift